

# Human Development and Family Studies

## Introduction

The Human Development and Family Studies program is the study of human development and family life in which individuals, family and community are viewed as interrelated. A multidisciplinary approach provides content and theory to enhance the understanding of people and to develop creative approaches to serving them. Graduates of the program locate positions in human services and agency-related employment settings, and family life education in addition to being prepared for advanced study.

The program integrates academic study with significant experiential learning with individuals of all ages, families and community groups. Students are involved in observation/participation, field experience, independent study and practicum throughout the program. Hospitals, human service agencies, community groups, adolescent group homes and homes for senior citizens provide opportunities for the synthesis of practical and theoretical knowledge.

## General Requirements

### Bachelor of Science Degree

Total for graduation .....	124 credits
General Education .....	45 credits
Major Studies .....	56 credits
Concentration or minor .....	18 credits
Electives.....	5 credits

Students must have a cumulative grade point average of 2.5 within the major studies for graduation and to register for the practicum experience.

## Program Requirements

### General Education

**48 credits required**

#### A. Communication Skills

**8 credits**

ENGL-101 Freshman English – Composition or	
ENGL-111 Freshman English – Honors I.....	3
ENGL-102 Freshman English – Reading and Related Writing or	
ENGL-112 Freshman English – Honors II.....	3
SPCOM-100 Fundamentals of Speech .....	2

#### B. Analytic Reasoning

**6 credits**

Courses must be from areas including math, logic, statistics and computer science.

#### C. Health and Physical Education

**2 credits**

Courses must be from areas of health, physical education or nutrition.

#### D. Humanities and the Arts

**9 credits**

Courses must be from three or more areas including art history, creative arts, foreign language and culture, history, literature, music appreciation, performing arts and philosophy.

#### E. Social and Behavioral Sciences

**12 credits**

POLS-210 American Government .....	3
SOC-110 Introductory Sociology .....	3
PSYC-110 General Psychology .....	3

Remaining 3 credits can be taken from anthropology, economics, geography, political science, psychology and sociology.

#### F. Natural Sciences (with Lab)

**4 credits**

#### G. Technology

**2 credits**

#### H. General Education Electives

**2 credits**

Courses must come from categories A, B, D, E and F.

## Major Studies

**49 credits required**

HDFS-101 Introduction to Human Development and Family Studies .....	1
HDFS-115 Individual and Family Relations* .....	3
HDFS-124 Human Development: Early Childhood* .....	3
HDFS-215 Dynamics of Family Development* .....	3
HDFS-225 Skill Training for Individual/Family Interventions* .....	3
HDFS-257 Lifespan Sexuality * .....	3
HDFS-270 Seminar in Self Growth .....	3
HDFS-325 Human Development: Mid-Childhood/Adolescence* .....	3
HDFS-330 Human Development: Early/Middle Adulthood* .....	3
HDFS-335 Seminar – Culturally Diverse Individuals and Families.....	2
HDFS-336 Experience: Developing Cultural Competence .....	2
HDFS-340 Human Development: Late Adulthood* .....	3
HDFS-345 Family Health Care/Dilemmas and Decisions for Families .....	3
HDFS-360 Work and Family Issues* .....	3
HDFS-365 Family Resource Management* .....	3
HDFS-420 Family Research and Methodology.....	3
HDFS-450 Family Policy* .....	3
HDFS-456 Abuse and the Family .....	3
HDFS-490 Professional Issues in Human Development and Family Studies * .....	2
HDFS-491 Practicum in Human Development and Family Studies*.....	4

\* Required to become a Certified Family Life Educator by the National Council on Family Relations. Additional required courses: HDFS-313 Parent Education, FCSE-451 Family Life Education Programs.

## Student-Designed Concentration, Certification or Minor

**18 credits required**

Students complete the degree with selectives chosen in consultation with the program director, or any minor in consultation with the adviser.